AGENDA ITEM 4

PUBLIC COMMENT FOR ITEMS NOT ON THE AGENDA.

THE FOLLOWING IS INCLUDED:

• Public Comment discussed at the October 13, 2024, Practice committee meeting; revisit to discuss new information.

Practice Committee March 1, 2023

Public Comment Received via Email

Dear Sir/Madam,

I am writing to seek assistance in obtaining the relevant laws, regulations, or practice acts pertaining to occupational therapists' adherence to physician/surgeon orders. Specifically, I am interested in understanding the guidelines for occupational therapists educating patients on the correct weight-bearing status precautions, maintaining movement precautions (such as posterior hip precautions), following surgeon protocols, utilizing approved abbreviations in documentation, and exercising sound clinical judgment while working with and educating patients.

I am currently employed in an acute care hospital, and I am unsure if the setting affects the information I am seeking.

The reason behind my request stems from my observations of concerning practices among my colleagues. I have brought these concerns to the attention of my manager, but they have unfortunately been dismissed.

I would greatly appreciate any assistance you can provide in guiding me towards the appropriate resources or references that outline the aforementioned laws, regulations, or practice acts. Your expertise in this matter would be invaluable in ensuring the highest standard of care within our healthcare facility.

Thank you for your attention to this matter. I look forward to your prompt response.

Yours sincerely,

J.M.

Excerpt from October 13, 2023, Board meeting minutes regarding public comment assigned to Practice Committee

6. Request for guidelines for OTs educating patients on "the correct weight-bearing status precautions, maintaining movement precautions (such as posterior hip precautions), following surgeon protocols, utilizing approved abbreviations in documentation, and exercising sound clinical judgement while working with and educating patients."

A robust conversation ensued pertaining to item six which was a public comment that was assigned to the committee by the Board.

Diane Laszlo commented that the ask was difficult to understand and seemed to be a blanket statement. Ms. Laszlo recommended that the practitioner refer to the hospital of which she is employed. She concluded with a statement that all licensed practitioners have basic training that would allow them to impart clinical reasoning in all the referenced areas.

Carlin Daley Reaume responded through an academia lens stating that she felt inclined to offer this practitioner a statement that refers to this practitioner calling upon their clinical background and skills. Ms. Daley Reaume closed by conveying that it did not feel appropriate to offer answers when every scenario and every set of workplace guidelines varies.

Lynne Andonian agreed with the previous comments of her colleagues and stated that she felt that it would be beneficial for this practitioner to seek guidance from their employer.

AGENDA ITEM 5

REVIEW AND VOTE ON APPROVAL OF THE DECEMBER 8, 2023, COMMITTEE MEETING MINUTES.

THE FOLLOWING IS INCLUDED:

• DRAFT PRACTICE COMMITTEE MINUTES FROM DECEMBER 8, 2023.

Practice Committee March 1, 2023



BUSINESS, CONSUMER SERVICES AND HOUSING AGENCY • GAVIN NEWSOM, GOVERNOR CALIFORNIA BOARD OF OCCUPATIONAL THERAPY 1610 Arden Way, Suite 121, Sacramento, CA 95815 P (916) 263-2294 | cbot@dca.ca.gov | www.bot.ca.gov

DRAFT

PRACTICE COMMITTEE MINUTES December 8, 2023

Committee Members Present
Christine Wietlisbach, OT, Board
Member/Chair
Richard Bookwalter, OT, Board Member
Bob Candari, OT
Elizabeth Gomes, OT, Retired
Danielle Meglio, OTA
Jeannette Nakamura, OT
Carlin Daley Reaume, OT
Chi-Kwan Shea, OT
Floyd Tran, OT

Board Staff Present
Heather Martin, Executive Officer
Jody Quesada Novey, Manager

Committee Members Absent

Lynne Andonian, OT Lynna Do, Board Member Diane Laszlo, OT Retired

Friday, December 8, 2023

5:00 pm - Committee Meeting

1. Call to order, roll call, establishment of a quorum.

The meeting was called to order at 5:02 pm, roll was called, and a quorum was established.

2. Chairperson opening remarks.

Chairperson Christine Wietlisbach welcomed and thanked all in attendance for their time and willingness to participate. She gave an overview of the need for a quorum with each meeting thus the outreach by Board staff to ensure attendance. She explained that without a quorum the meeting would have been canceled.

3. Introductions by all Committee Members.

All committee members present chose to introduce themselves and provide a quick overview of their expertise and area(s) of practice.

4. Public Comment for Items Not on the Agenda.

There were no public comments for items not on the agenda.

- 5. Review and vote on approval of the October 13, 2023, committee meeting minutes.
 - Richard Bookwalter moved to approve the October 13, 2023, Practice Committee
 Meeting minutes as written and directed Board staff to make non-substantive
 changes.
 - Danielle Meglio seconded the motion.

There were no additional committee member remarks.

There were no public comments.

Board Member Vote

Christine Wietlisbach Yes Richard Bookwalter Yes Bob Candari Yes Elizabeth Gomes Yes Danielle Meglio Yes Jeannette Nakamura Yes Carlin Dalev Reaume Yes Chi-Kwan Shea Yes Floyd Tran Yes

The motion carried.

6. Consideration and possible recommendation to the Board on whether suture removal is within the occupational therapy scope of practice.

Chair Christine Wietlisbach referred to the provided documents that included an American Occupational Therapy Association (AOTA) Position paper that specifically mentioned that an occupational therapist can perform suture removal and she drew the committee's attention to the direct correlation made between the article's reference to wounds and related conditions negatively affecting a person's ability to participate in their life roles and the occupational therapy profession's focus to assist a patient in the participation of their life roles. Ms. Wietlisbach also pointed to AOTA's 2021 Occupational Therapy Scope of Practice that refers to wound management as "Interventions and procedures to promote or enhance safety and performance in ADLs."

Richard Bookwalter noted that the AOTA references to suture removal were not new, suture removal was referenced in the 2013 document because AOTA had long been an advocate.

Ms. Wietlisbach pointed out the references made throughout the provided documents that state only practitioners that have the proper training and feel comfortable in their skills should ever perform any treatment.

Ms. Wietlisbach reported that she had performed suture removal because she had taken continuing education courses and felt comfortable performing this treatment.

Ms. Wietlisbach stated that if the committee decided to take a position of support that it is her opinion that it should include direction that stated suture removal should only be performed if the practitioner was competent.

Chi-Kwan Shea commented that a laundry list of services within the scope of practice for an occupational therapy practitioner is not needed because she felt that the position paper from AOTA was more definite than a committee recommendation.

Executive Officer Heather Martin cautioned that although AOTA provides position papers, it is up to each individual state to adopt language or not. AOTA's papers are very helpful but are not overarching. Ms. Martin encouraged the committee to steer away from establishing lists of services/treatments that an occupational therapy (OT) practitioner can perform.

Ms. Martin, Chair/Board Member Christine Wietlisbach and Committee/Board member Richard Bookwalter engaged in a robust conversation with the remaining committee members who sought guidance on the process and their contribution to the process.

The committee was given an overview of the public comment/practice inquiry process. The process begins with the Board assigning it to a relevant committee to vet and make a recommendation to the Board. The committee was informed that the Board could choose to not take a position at all or choose to not follow the recommendation of the committee. The committee was assured that at minimum their recommendation would prove invaluable to Board staff that receives many challenging phone calls and emails from practitioners and patients seeking clarification.

Ms. Martin stated that these inquiries usually arise from workplace settings and a contracted expert reviewer with the Board would be able to use all the available documents and recommendations to aid in rendering their opinion.

The committee continued discussing suture removal with a mention and subsequent discussion of staple(s) removal and whether that procedure falls in the same category and whether these removals could be performed in a home health setting. The consensus of the committee was that as long as the practitioner had the proper training for these procedures, and the removal follows the orders of a physician that these procedures can be performed by an occupational therapy practitioner in a home setting.

There was no disagreement from the committee members present.

- Richard Bookwalter moved to recommend to the Board that suture removal is a part of OT practice according to a review of documentation that regulates the OT practice.
- Carlin Daley Reaume seconded the motion.

There were no additional committee member remarks. There were no public comments.

Board Member Vote

Christine Wietlisbach Yes Richard Bookwalter Yes Bob Candari Yes Yes Elizabeth Gomes Danielle Meglio Yes Yes Jeannette Nakamura Carlin Dalev Reaume Yes Chi-Kwan Shea Yes Floyd Tran Yes

The motion carried.

Chair Christine Wietlisbach thanked the committee members and Executive Officer Heather Martin for an informative and thorough discussion.

Due to time constraints Chair Wietlisbach informed the committee that agenda items seven, eight, nine and ten would be prioritized for the March 2024 meeting.

Ms. Wietlisbach asked the committee to review the current hand and physical agent modalities language in the California Code of Regulations Article 6. Advanced Practices and Business and Professions Code sections 2570.2(m) and (n) prior to the next Practice committee meeting.

- 7. Consideration and possible recommendation to the Board on whether advanced practice approval in hand therapy is required to treat carpal tunnel syndrome, repetitive motion injuries, or finger/hand pain, wrist pain or elbow pain that is not due to injury or surgery.
- 8. Consideration and possible recommendation to the Board following a review of the ACOTE Guidelines to consider reducing or eliminating advanced practice education and training requirements for students graduating after a certain (TBD) date.
- 9. Consideration and possible recommendation to the Board on whether the education and training requirements for licensees demonstrating competence in the advanced practice areas should be reduced.
- 10. Committee discussion and prioritization of practice issues delegated by the Board to the Committee for evaluation and possible recommendation(s) to the Board.
- 11. New suggested agenda items for a future meeting.

There were no new items suggested.

12. Discussion on scheduling time(s) for future meetings.

Chair Wietlisbach informed the committee that although the Doodle poll for a March 2024 meeting was sent that it would be sent again in late February.

Meeting adjournment - The meeting adjourned at 6:32 p.m.