



## TELECONFERENCE EDUCATION/OUTREACH COMMITTEE MEETING NOTICE & AGENDA

**Rancho Los Amigos National  
Rehabilitation Center**  
CART Building Conference Room  
7601 E. Imperial Highway  
Downey, CA 90242

*For Directions ONLY*  
(562) 401-6800

**Eisenhower Medical Center**  
Hand Therapy Clinic  
39000 Bob Hope Drive  
Rancho Mirage, CA 92270

*For Directions ONLY*  
(760) 773-1630

**CSU, Dominguez Hills**  
MSOT Program  
Room WHA 310D  
1000 East Victoria Street  
Carson, CA 90747

*For Directions ONLY*  
(714) 943-5741

2104 Greenwood Avenue  
San Carlos, CA 94070

*For Directions ONLY*  
(650) 868-9438

**Department of Consumer Affairs**  
Donner Lake Room -1st floor  
2005 Evergreen Street  
Sacramento, CA 95815

*For Directions ONLY*  
(916) 263-2294

**January 19, 2012**

### **4:00 pm – Committee Meeting**

*The public may provide comment on any issue before the committee at the time the matter is discussed.*

- A. Call to order, roll call, and establishment of a quorum.
- B. Approval of the August 25, 2011 meeting minutes.
- C. Review and discussion of the Education/Outreach Committee's Roles and Responsibilities and consideration of recommending changes to the Board.
- D. Review and discussion of informational consumer brochure.
- E. Review and discussion of proposed website content for Advanced Practice Reviewers and Practice Reviewers and discussion regarding strategies and other information to encourage licensee participation in both programs.
- F. Review of 2011-2014 Strategic Plan as it relates to Committee's Roles and Responsibilities.

\*\*\* **MORE INFORMATION ON OTHER SIDE** \*\*\*

- G. Agenda items for next meeting.
- H. Public comment on items not on agenda.
- I. Adjournment

ALL TIMES ARE APPROXIMATE AND SUBJECT TO CHANGE  
ACTION MAY BE TAKEN ON ANY ITEM ON THE AGENDA;  
ITEMS MAY BE TAKEN OUT OF ORDER

Questions regarding this agenda should be directed to Heather Martin, Executive Officer, at the Board's office in Sacramento. Meetings of the California Board of Occupational Therapy are open to the public except when specifically noticed otherwise in accordance with the Open Meeting Act. A quorum of the board may be present at the committee meeting. Board members who are not members of the committee may observe but not participate or vote.

Public comment is appropriate on any issue before the workshop at the time the issue is heard, but the chairperson may, at his or her discretion, apportion available time among those who wish to speak. The meeting is accessible to individuals with disabilities. A person who needs disability related accommodations or modifications in order to participate in the meeting shall make a request to Jeff Hanson at (916) 263-2294 or 2005 Evergreen Street, Suite 2050, Sacramento, California, 95815. Providing at least five working days notice before the meeting will help ensure the availability of accommodations or modifications.

## **AGENDA ITEM B**

### **APPROVAL OF AUGUST 25, 2011, COMMITTEE MEETING MINUTES.**

The draft minutes are attached for review.

ITEM  
TO BE  
PROVIDED

## **AGENDA ITEM C**

### **REVIEW OF COMMITTEE'S ROLES AND RESPONSIBILITIES.**

The draft Roles and Responsibilities document is attached for review.

California Board of Occupational Therapy

**EDUCATION/OUTREACH  
COMMITTEE**

**Roles & Responsibilities**

1. Develop informational consumer brochures and communication tools ~~for use by the Board and Board staff;~~
2. Develop content and communication tools to educate consumers about occupational therapy;
3. Develop content and education tools to educate licensees about the regulation of occupational therapy;
4. Prepare articles for newsletter to educate or provide updated information to licensees;
5. Review and provide recommendations to Board staff on revisions to various applications and forms used by the Board.
6. Identify and explore use of various communication tools.

## **AGENDA ITEM D**

### **REVIEW AND DISCUSSION OF CONSUMER BROCHURE.**

The draft brochure is attached for review.

## WHAT ARE MY CONSUMER RIGHTS AND RESPONSIBILITIES?

- Receive competent professional services.
- Verify the credentials of the licensed professional and know the names and titles of licensed professionals who provided services.
- Receive clear explanation of the services being offered or provided.
- Refuse any services offered.
- Know what records will be kept and how to get copies (Any mandate reporting law?)
- File a complaint with the California Board of Occupational Therapy about a licensed professional or an unlicensed practitioner.
- If you are a person with a disability, you may request and may be provided reasonable accommodations to access professional services.
- To be treated with courtesy and respect.
- To maintain an ethical and professional relationship (without financial, sexual or other expectations).

## FOR MORE INFORMATION:

If you would like information regarding licensure please call or write:

California Board of Occupational Therapy  
2005 Evergreen Street Suite 2050  
Sacramento, CA 95815

Phone: (916) 263-2294  
Fax: (916) 263-2701  
Website: [www.bot.ca.gov](http://www.bot.ca.gov)

State of California

# 'A CONSUMER'S GUIDE

California Board of  
Occupational Therapy



If you would like information regarding  
licensure please call or write:

California Board of Occupational Therapy  
2005 Evergreen Street Suite 2050  
Sacramento, CA 95815

Phone: (916) 263-2294  
Fax: (916) 263-2701  
Website: [www.bot.ca.gov](http://www.bot.ca.gov)

Department of Consumer Affairs  
**California Board of Occupational Therapy**  
2005 Evergreen Street Suite 2050  
Sacramento, CA 95815  
Phone: (916) 263-2294



## **CALIFORNIA BOARD OF OCCUPATIONAL THERAPY MISSION AND RESPONSIBILITY:**

The mission of the California Board of Occupational Therapy is to protect the public by licensing occupational therapists and assistants who meet minimum standards.

It is also the Board's duty to investigate all complaints against its licensees in a fair and equitable manner.

The Board is responsible for developing, implementing and administering the rules and regulations necessary to carry out the Occupational Therapy Practice Act. These regulations include establishing the requirements for licensure, continuing competency, as well as the ethical standards of conduct for occupational therapy practitioners. The Board also investigates complaints related to the practice of occupational therapy.

## **WHAT IS OCCUPATIONAL THERAPY?**

"Occupational Therapy," the use of purposeful activity or interventions designed to achieve functional outcomes which promote health, prevent injury or disability and which develop, improve, sustain or restore the highest possible level of independence of any individual who has an injury, illness, cognitive impairment, psychosocial dysfunction, mental illness, developmental or learning disability, physical disability or other disorder or condition. It shall include assessment by means of skill observation or evaluation through the administration and interpretation of standardized or non-standardized tests and

measurements. Occupational therapy services include, but are not limited to:

1.)

## **SEE ATTACHMENT**

## **WHAT IS AN OCCUPATIONAL THERAPIST?**

An occupational therapist is a person licensed to practice occupational therapy as defined above and whose license issued pursuant to sections 324.050 to 324.089.

## **WHAT IS AN OCCUPATIONAL THERAPY ASSISTANT?**

An occupational therapy assistant is a person licensed to assist in the delivery of occupational therapy services.

## **HOW DO I FIND AN OCCUPATIONAL THERAPIST OR OCCUPATIONAL THERAPY ASSISTANT?**

—Occupational therapists and occupational therapy assistants are employed in many different settings. A list of licensees can be obtained from the web-site or you may wish to consult your local yellow pages.

## **WHAT DO I DO IF I SUSPECT THAT AN OCCUPATIONAL THERAPIST OR OCCUPATIONAL THERAPY ASSISTANT HAS ACTED IN AN UNPROFESSIONAL MANNER?**

If you suspect that someone is practicing without a license or has acted in an unprofessional manner you may report such to the California Board of Occupational Therapy by filing a written complaint. Complaint forms can be found on the web-site and can be emailed, faxed, or mailed.

- a) The assessment and provision of treatment in consultation with the individual, family or other appropriate persons;
- b) Interventions directed toward developing, improving, sustaining or restoring daily living skills, including self-care skills and activities that involve interactions with others and with the environment, work readiness or work performance, play skills or leisure capacities or enhancing educational performances skills;
- c) Developing, improving, sustaining or restoring sensorimotor, oral-motor, perceptual or neuromuscular functioning; or emotional , motivational, cognitive or psychosocial components or performance' and
- d) Education of the individual, family or other appropriate persons in carrying out appropriate interventions.

Such services may encompass assessment of need and the design, development, adaptation, application or training in the use of assistive technology devices, training in the use of orthotic or prosthetic devices; the application of or ergonomic principles; the adaptation of environments and processes to enhance functional performance; or the promotion of health and wellness; This is the scope of practice as defined in the California Board of Occupational Therapy Statute.

*From the New York consumer information, areas of service are:*

- developmental disabilities
- learning disabilities
- job-related injuries
- neurological problems
- orthopedic injuries
- birth defects
- stroke
- psychosocial disorders
- chemical dependency
- age-related disorders
- wellness
- driving
- ergonomic assistive technology

## **AGENDA ITEM E**

### **REVIEW AND DISCUSSION OF WEBSITE ADVANCED PRACTICE AND PRACTICE REVIEWER (FORMER 'EXPERT WITNESS') WEBSITE CONTENT.**

The draft webpages are attached for review.

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# DEPARTMENT OF CONSUMER AFFAIRS BOARD OF OCCUPATIONAL THERAPY

## Recruiting Expert Witnesses & Expert Reviewers

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### Expert Witnesses

The CBOT Enforcement Program is currently recruiting qualified occupational therapists to review case materials, prepare written opinions, and possibly testify at administrative hearings as an Expert Witness. Expert Witnesses are paid \$75 per hour for case review and preparation of the expert opinion report and \$120 per hour plus expenses if called to testify at an administrative hearing. If you wish to provide this service to your community, please verify that you have:

- Fifteen or more years of experience with seven years of recent experience in the area of expertise for which they are reviewing cases or rendering a professional opinion.

### Expert Reviewers

The CBOT Licensing Program is currently recruiting qualified occupational therapists review applicants for advanced practice approval and applications for advanced practice post-professional education. Expert Reviewers are paid \$40 per hour for their services. If you wish to provide this service to your community, please verify that you have:

- At least five, of the past seven years, practicing in an advanced practice area.

### Both Expert Witnesses and Expert Reviewers must have:

- A current and active California OT license without restrictions.
- No prior or current charges or discipline against any health care related license in California or in any other place of licensure.
- No criminal convictions, including any that were expunged or dismissed.

If you meet the requirements and are interested in providing this service to your community, complete the [Expert Witness application](#) or [Expert Reviewer application](#) and follow the instructions carefully. Once completed, send the application and your Curriculum Vitae (resume) to:

**California Board of Occupational Therapy  
2005 Evergreen Street; Suite 2050  
Sacramento, CA 95815**

If you have additional questions, please email the Board at: [cbot@dca.ca.gov](mailto:cbot@dca.ca.gov).

This web site contains PDF documents that require the most current version of Adobe Reader to view. To download click on the icon below.



## **We are Recruiting Practice Reviewers & Advanced Practice Reviewers**

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**Practice Reviewer**   *Will Open into New Page*

**Advanced Practice Reviewers**   *Will Open into New Page*

## Practice Reviewer

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The CBOT Enforcement Program is currently recruiting qualified occupational therapists to review case materials, prepare written opinions, and possibly testify at administrative hearings as a Practice Reviewer. Practice Reviewers are paid \$75 per hour for case review and preparation of the expert opinion report and \$120 per hour plus expenses if called to testify at an administrative hearing. If you wish to provide this service to your community, please verify that you have:

- Fifteen or more years of experience with seven years of recent experience in the area of expertise for which they are reviewing cases or rendering a professional opinion.

### Practice Reviewers must have:

- A current and active California OT license without restrictions.
- No prior or current charges or discipline against any health care related license in California or in any other place of licensure.
- No criminal convictions, including any that were expunged or dismissed.

If you meet the requirements and are interested in providing this service to ~~your community~~ the profession, complete the Practice Reviewer application or Advanced Practice Reviewer application and follow the instructions carefully. Once completed, send the application and your Curriculum Vitae or Resume to:

**California Board of Occupational Therapy  
2005 Evergreen Street; Suite 2050  
Sacramento, CA 95815**

If you have additional questions, please call the Board at (916) 263-2294 or email the Board at [cbot@dca.ca.gov](mailto:cbot@dca.ca.gov).

**BOARD OF OCCUPATIONAL THERAPY**

2005 Evergreen Street, Suite 2050, Sacramento, CA 95815-3831

T: (916) 263-2294 F: (916) 263-2701

E-mail: [cbot@dca.ca.gov](mailto:cbot@dca.ca.gov) Web: [www.bot.ca.gov](http://www.bot.ca.gov)



## APPLICATION FOR PRACTICE REVIEWER PROGRAM

Thank you for your interest in serving the Board of Occupational Therapy as a Practice Reviewer. Practice Reviewers are licensed occupational therapists and occupational therapy assistants with the professional and educational background to review complaints, develop opinions, prepare written reports and/or testify at administrative hearings. Practice Reviewers are an important part of the Board's Enforcement Program and their effectiveness is vital for fulfilling our legislative mandate to protect California consumers of occupational therapy services from unprofessional, incompetent and otherwise dangerous practitioners.

If you wish to provide this service to your community and be considered by the Board as a Practice Reviewer, please complete all sections of the application and submit to the above address. Please attach your resume or Curriculum Vitae.

**An expert witness must hold a current and active license without restrictions.**

It is imperative Practice Reviewers have at least ten (10) years' experience with seven (7) years of recent experience in the area of expertise for which they will be reviewing cases and rendering a professional opinion. Please select (✓) the applicable area(s) for which you are most knowledgeable, keeping in mind that you will need to defend your position in court should you be called to testify. ***California Civil Code Section 43.8 provides immunity for those practitioners who render an opinion against an occupational therapist or an occupational therapy assistant for the Board.***

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|--|--|--------------------------------------|
| <input checked="" type="checkbox"/> Private Practice | <input type="checkbox"/> Physical Disabilities | <input type="checkbox"/> Technology  |
| <input type="checkbox"/> School-Based Practice       | <input type="checkbox"/> Behavioral Health     | <input type="checkbox"/> Education   |
| <input type="checkbox"/> Pediatrics                  | <input type="checkbox"/> Gerontology           | <input type="checkbox"/> Research    |
| <input type="checkbox"/> Work Program                | <input type="checkbox"/> Home Health           | <input type="checkbox"/> Wellness    |
| <input type="checkbox"/> Administrative Management   | <input type="checkbox"/> Hand Therapy          | <input type="checkbox"/> Other _____ |

Indicate all advanced practice area(s) which you have been approved by the Board and the date of approval:

- ☐ Hand Therapy - Date of Approval:  
☐ Physical Agent Modalities - Date of Approval:  
☐ Swallowing Assessment, Evaluation and Intervention - Date of Approval:

### Section I: Personal Data (Please Complete All Boxes)

Last Name		First Name		Middle Name
Residence Address (Street No., Apt No.)		City	State	Zip Code
Home Telephone No. (     )	Business Telephone No. (     )	FAX No. (     )	E-Mail Address	

**Section II: Professional Data (Please Complete All Boxes. Attach additional pages if necessary.)**

License/Certification No.	Original Issue Date	Expiration Date	Type <input type="checkbox"/> OT <input type="checkbox"/> OTA
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1. Do you possess a *current* certification from the National Board for Certification in Occupational Therapy, Inc. (NBCOT), or membership with the American Occupational Therapy Association (AOTA), Occupational Therapy Association of California (OTAC), or other state association?

☐ Yes    NBCOT: Certification No. \_\_\_\_\_ as of \_\_\_\_\_ (date).  
                  AOTA: Membership No. \_\_\_\_\_ as of \_\_\_\_\_ (date).  
                  OTAC: Membership No. \_\_\_\_\_ as of \_\_\_\_\_ (date).  
                  Other: \_\_\_\_\_ Membership No. \_\_\_\_\_ as of \_\_\_\_\_ (date).  
                  Other: \_\_\_\_\_ Membership No. \_\_\_\_\_ as of \_\_\_\_\_ (date).

☐ No

2. Do you currently hold any other licenses or specialty certifications, including occupational therapy or any other health related field, in California or in any other state?

☐ Yes    If yes, please provide a list and details below.      ☐ No

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3. Has any health related professional licensing or disciplinary body in any state, territory or foreign jurisdiction, or any branch of the military, denied, limited, placed on probation, restricted, suspended, cancelled or revoked any professional license, certificate, or registration granted to you, or imposed a fine, reprimand, or taken any other action against you?

☐ Yes    If yes, please provide details below.      ☐ No

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4. Have you ever been convicted of a crime?

☐ Yes    If yes, please provide details below.      ☐ No

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5. Have you been actively engaged in the practice of occupational therapy (defined as at least 80 hours a month in occupational therapy, including direct client care, clinical activity, supervision, administration or teaching) in the past five years?

☐ Yes    ☐ No

*Please attach a copy of your resume or Curriculum Vitae to this application.*



6. Please describe your related practice activities within the past five years.

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7. Have you ever ceased practice for one year or more?

☐ Yes If yes, please provide details below. ☐ No

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8. Please describe any mentoring or supervisory positions you have been involved with in the past five years.

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9. Have you ever been an expert witness?

☐ Yes If yes, please state when and in what capacity, and describe your service as a witness.  
☐ No

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10. Please describe any teaching or public speaking experience within the last five years. Please relate this experience to the specific area of expertise.

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11. Have you ever been involved in an accreditation process?

☐ Yes If yes, please provide details below. ☐ No

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12. Why do you feel you are qualified to be an expert witness?

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### Section III: Affidavit

**I declare, under penalty of perjury of the laws of the State of California, that all of the information contained herein and evidence or other credentials submitted herewith are true and correct.**

**Further, I certify that I have read and understand the disclaimer listed below.**

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

**Disclaimer:** Licensees are prohibited from making any claim or any advertisement in which they represent themselves as being affiliated in any way with the California Board of Occupational Therapy. Licensees shall not represent themselves as being an expert, a Board "expert," hold themselves out as holding any credential, or use any designation based on their participation in the Expert Witness Program. By signing the affidavit in Section III, you indicate that you understand the prohibitions concerning Board affiliation and advertising. Failure to comply may result in disciplinary action.

**Information Collection and Access:** The Board's Executive Officer is the person responsible for information maintenance. Business and Professions Code section 2570.18 gives the Board authority to maintain information. All information is mandatory. Failure to provide any mandatory information will result in the application being rejected as incomplete. Authorized personnel will use the information provided to determine your eligibility for participation in the Expert Witness Program. Each individual has the right to review his or her file maintained by the agency subject to the provisions of the California Public Records Act.

Rev (1/11)

## Advanced Practice Reviewers

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The CBOT Licensing Program is currently recruiting qualified occupational therapists review applicants for advanced practice approval and applications for advanced practice post-professional education. Advanced Practice Reviewers are paid \$40 per hour for their services. If you wish to provide this service to your community, please verify that you have:

- At least five, of the past seven years, practicing in an advanced practice area.

### **Advanced Practice Reviewers must have:**

- A current and active California OT license without restrictions.
- No prior or current charges or discipline against any health care related license in California or in any other place of licensure.
- No criminal convictions, including any that were expunged or dismissed.

If you meet the requirements and are interested in providing this service to ~~your community~~ the profession, complete the Practice Reviewer application or Advanced Practice Reviewer application and follow the instructions carefully. Once completed, send the application and your Curriculum Vitae or Resume to:

**California Board of Occupational Therapy  
2005 Evergreen Street; Suite 2050  
Sacramento, CA 95815**

If you have additional questions, please call the Board at (916) 263-2294 or email the Board at [cbot@dca.ca.gov](mailto:cbot@dca.ca.gov).



## BOARD OF OCCUPATIONAL THERAPY

2005 Evergreen Street, Suite 2050, Sacramento, CA 95815-3831

T: (916) 263-2294 F: (916) 263-2701

E-mail: [cbot@dca.ca.gov](mailto:cbot@dca.ca.gov) Web: [www.bot.ca.gov](http://www.bot.ca.gov)

# APPLICATION FOR ADVANCED PRACTICE REVIEWER PROGRAM

Thank you for your interest in serving the Board of Occupational Therapy as an expert reviewer. Expert reviewers are licensed occupational therapists with the professional and educational background to review applicants for advanced practice approval and applications for advanced practice post-professional education. Expert reviewers are an important part of the Board's Licensing Program and their effectiveness is vital for fulfilling our legislative mandate to protect California consumers of occupational therapy services from unprofessional, incompetent and otherwise dangerous practitioners.

If you wish to provide this service to your community and be considered by the Board as an expert reviewer, please complete all sections of the application and submit to the above address. Please attach your resume or Curriculum Vitae.

**An expert reviewer must hold a current and active license without restrictions.**

It is imperative that expert reviewers have been practicing in an advanced practice area for at least five (5) of the past seven (7) years.

Indicate all advanced practice area(s) which you have been approved by the Board and the date of approval:

- ☐ Hand Therapy - Date of Approval:  
☐ Physical Agent Modalities - Date of Approval:  
☐ Swallowing Assessment, Evaluation and Intervention - Date of Approval:

### Section I: Personal Data (Please Complete All Boxes)

Last Name		First Name		Middle Name
Residence Address (Street No., Apt No.)		City	State	Zip Code
Home Telephone No. ( )	Business Telephone No. ( )	FAX No. ( )	E-Mail Address	

### Section II: Professional Data (Please Complete All Boxes. Attach additional pages if necessary.)

License No.	Original Issue Date	Expiration Date	
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1. Do you possess a *current* certification from the National Board for Certification in Occupational Therapy, Inc. (NBCOT), or membership with the American Occupational Therapy Association (AOTA), Occupational Therapy Association of California (OTAC), or other state association?

☐ Yes NBCOT: Certification No. \_\_\_\_\_ as of \_\_\_\_\_ (date).  
AOTA: Membership No. \_\_\_\_\_ as of \_\_\_\_\_ (date).  
OTAC: Membership No. \_\_\_\_\_ as of \_\_\_\_\_ (date).  
Other: \_\_\_\_\_ Membership No. \_\_\_\_\_ as of \_\_\_\_\_ (date).  
Other: \_\_\_\_\_ Membership No. \_\_\_\_\_ as of \_\_\_\_\_ (date).

☐ No

2. Do you currently hold any other licenses or specialty certifications, including occupational therapy or any other health related field, in California or in any other state?

☐ Yes If yes, please provide a list and details below. ☐ No

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3. Has any health related professional licensing or disciplinary body in any state, territory or foreign jurisdiction, or any branch of the military, denied, limited, placed on probation, restricted, suspended, cancelled or revoked any professional license, certificate, or registration granted to you, or imposed a fine, reprimand, or taken any other action against you?

☐ Yes If yes, please provide details below. ☐ No

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4. Have you ever been convicted of a crime?

☐ Yes If yes, please provide details below. ☐ No

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5. Have you been actively engaged in the practice of occupational therapy (defined as at least 80 hours a month in occupational therapy, including direct client care, clinical activity, supervision, administration or teaching) in the past five years?

☐ Yes ☐ No

*Please attach a copy of your resume or Curriculum Vitae to this application.*

6. Please describe your related practice activities within the past five years.

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7. Have you ever ceased practice for one year or more?

☐ Yes If yes, please provide details below. ☐ No

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8. Please describe any mentoring or supervisory positions you have been involved with in the past five years.

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9. Please describe any teaching or public speaking experience within the last five years. Please relate this experience to the specific area of expertise.

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10. Have you ever been involved in an accreditation process?

☐ Yes If yes, please provide details below. ☐ No

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11. Why do you feel you are qualified to be a reviewer of advanced practice applications?

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### Section III: Affidavit

**I declare, under penalty of perjury of the laws of the State of California, that all of the information contained herein and evidence or other credentials submitted herewith are true and correct.**

**Further, I certify that I have read and understand the disclaimer listed below.**

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

**Disclaimer:** Licensees are prohibited from making any claim or any advertisement in which they represent themselves as being affiliated in any way with the California Board of Occupational Therapy. Licensees shall not represent themselves as being an expert, a Board "expert," hold themselves out as holding any credential, or use any designation based on their participation in the Expert Reviewer Program. By signing the affidavit in Section III, you indicate that you understand the prohibitions concerning Board affiliation and advertising. Failure to comply may result in disciplinary action.

**Information Collection and Access:** The Board's Executive Officer is the person responsible for information maintenance. Business and Professions Code section 2570.18 gives the Board authority to maintain information. All information is mandatory. Failure to provide any mandatory information will result in the application being rejected as incomplete. Authorized personnel will use the information provided to determine your eligibility for participation in the Expert Witness Program. Each individual has the right to review his or her file maintained by the agency subject to the provisions of the California Public Records Act.

Revised (8/09)

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# DEPARTMENT OF CONSUMER AFFAIRS BOARD OF OCCUPATIONAL THERAPY

## Advanced Practice Frequently Asked Questions

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The Board receives numerous questions from occupational therapists regarding advanced practice. Listed below are some of the most frequently asked questions we hope will be helpful. We will update this section on a regular basis as questions are received. If you have a specific question, you may e-mail the Board at [cbot@dca.ca.gov](mailto:cbot@dca.ca.gov). For tips on completing your advanced practice application and portfolio, please access the Advanced Practice link from our home page and click on Application for Advanced Practice Certification.

### Frequently Asked Questions Regarding Advanced Practice Updated March 30, 2005

#### **Q. Is icing considered a modality when performed in the context of sensory stimulation?**

**A.** OT basic training includes sensory stimulation techniques that include icing used for facilitation/inhibition. When used in this capacity, it is not considered a modality requiring advanced practice certification.

#### **Q. Is biofeedback used with someone who has difficulty swallowing advanced practice?**

**A.** Surface biofeedback measures rather than alters tissue response and is not considered to be a physical agent modality.

#### **Q. If I use electrical stimulation (Vital Stim) or ultrasound to improve and facilitate swallowing do I need advanced practice certification in physical agent modalities in addition to dysphagia even though I received training from Vital Stim?**

**A.** Yes

#### **Q. Is diet modification advanced practice?**

**A.** Bolus control assessment begins in the oral phase of swallowing (oral, motor is entry level practice). Food texture modifications and positioning are used to recognize the potential for aspiration in the pharyngeal phase. It is appropriate for the entry-level therapist to make oral intake texture/consistency recommendations, position changes, and oral motor interventions. However, when aspiration risk is suspected, it is incumbent upon the therapist to refer the patient to an appropriate healthcare professional.

#### **Q. What part of the bedside evaluation is considered to be advanced practice?**

**A.** OTs provide clinical feeding evaluations to screen patients for aspiration risk. Screenings occur in a variety of settings including acute hospitals, extended care facilities, community based treatment units and facilities. The evaluation can include determination of bolus control and recognition of aspiration signs. Oral intake consistency recommendations, position changes, and oral motor interventions are methods that can be used to improve feeding ability or determine aspiration risk. When risk is suspected, it is incumbent on the therapist to refer the patient to the appropriate provider. Further evaluation of aspiration risk and development of an intervention plan is considered advanced practice, requiring advanced practice certification.

#### **Q. What kind and how much supervision is required for OTs who are in the process of meeting the experience requirements for an advanced practice?**

**A.** The Board will be developing regulations that address this issue. Until they take effect, the Board suggests that experience be gained in a structured and progressive mentoring program that has the following components: (1) Ongoing mentoring throughout the training process; (2) Intensity and degree of mentoring should be appropriate for the skill level of the therapist; and (3) Documentation of mentoring should include meeting dates, attendees, and review of the learning plan.



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## **AGENDA ITEM F**

### **REVIEW OF 2011-2014 STRATEGIC PLAN AS IT RELATES TO THE COMMITTEE'S ROLES AND RESPONSIBILITIES.**

The 2011-2014 Strategic Plan is attached for review.

# **CALIFORNIA BOARD OF OCCUPATIONAL THERAPY**

## **STRATEGIC PLAN 2011 - 2014**

### **INTRODUCTION**

The California Board of Occupational Therapy (Board), established on January 1, 2001 (Senate Bill 1046, Chapter 697, Statutes of 2000), protects the health, safety, and welfare of California consumers by regulating the practice of occupational therapists and occupational therapy assistants. Board members meet four – six times annually to set policy, develop legislation and regulations that identify education, experience and examination requirements for licensure and establish and enforce professional standards of practice.

### **VISION**

The California Board of Occupational Therapy is a model organization for occupational therapy state regulatory boards, ensuring consumer protection and quality occupational therapy.

### **MISSION**

The mission of the California Board of Occupational Therapy is to regulate occupational therapy by serving and protecting California's consumers and licensees.

### **CORE VALUES**

The California Board of Occupational Therapy will strive for the highest possible quality throughout all of its programs making it a progressive and responsive organization by:

- A. Providing excellent customer service to consumers, licensees, employers and other stakeholders;
- B. Promoting, applying, and enforcing ethical standards of occupational therapy;
- C. Implementing fair and consistent application of the laws and regulations governing occupational therapy;
- D. Recognizing and supporting the diverse practice settings and roles in occupational therapy;
- E. Encouraging active participation by stakeholders through access to the Board;
- F. Ensuring a high level of professionalism, efficiency, and effectiveness by the Board members and staff.

# **STRATEGIC GOALS**

The following strategic goals were identified:

- Goal 1: Enforce the laws and regulations governing occupational therapy by effectively investigating complaints, non-compliance, and irregularities, and concluding with an appropriate response.
- Goal 2: Ensure those seeking licensure meet professional standards of conduct, education, fieldwork, and examination.
- Goal 3: Monitor evolving trends and standards in occupational therapy, modify statutes and regulations as needed and promptly inform licensees of these changes, secure necessary funding and ensure responsive staff processes.
- Goal 4: Inform the public and other entities about occupational therapy requirements, evidence-based practices, standards and trends through accessible “green” communication methods.

## **STRATEGIC GOALS AND OBJECTIVES**

**Goal 1: Enforce the laws and regulations governing occupational therapy by effectively investigating complaints, non-compliance, irregularities, and conclude with an appropriate response.**

- 1.1 Fully audit no less than 5% of renewing licensees, to determine if continuing competency requirements are met.
- 1.2 Establish and maintain a pool of 20 Practice Reviewers to review enforcement cases.
- 1.3 Target 90% of complaints investigated by Board staff to be completed in 90 days or less.
- 1.4 Ensure the enforcement program is sufficiently funded and staffed to ensure consumer protection with prompt actions.
- 1.5 Promptly post disciplinary process on Board's website.

**Goal 2: Ensure those seeking licensure meet professional standards of conduct, education, fieldwork, and examination.**

- 2.1 Research the implications of revised (2008) Accreditation Council for Occupational Therapy Education (ACOTE) standards and determine relevance to and impact on Advanced Practice requirements by 2013.
- 2.2 Investigate the value and cost of developing a jurisprudence examination on professional standards of conduct.

**Goal 3: Monitor evolving trends and standards in occupational therapy, modify statutes and regulations as needed and promptly inform licensees of these changes, secure necessary funding, and ensure responsive staff processes.**

- 3.1 Practice Committee will identify and track changes in areas of occupational therapy practice, education and research, and advise the Board.
- 3.2 The Legislative and Regulatory Review Committee will identify and track legislation and review regulations which affect occupational therapy practice and advise the Board.
- 3.3 Annually review continuing competency requirements relevant to identified best practices, standards and trends.
- 3.4 Send quarterly notifications to advise and update practitioners of laws and regulations.
- 3.4.a Educate practitioners of laws and regulations impacting occupational therapy scope of practice.
- 3.5 Through on-line licensure (BreEze), 80% of the license renewals and initial licensure applications will be completed via the Internet.
- 3.6 Provide at least two Board meetings annually and committee meetings when possible via electronic communication to increase accessibility to Board business.

**Goal 4: Inform the public and other entities about occupational therapy requirements, evidence-based practices, standards and trends through accessible “green” communication methods.**

- 4.1 Increase education and outreach efforts to consumers regarding laws and regulations affecting occupational therapy.
  - 4.1.a. Develop and make available consumer-related informational brochures (i.e. ‘What is OT?’ and ‘The Complaint Process.’)
  - 4.1.b. Participate in at least four community programs and public events annually to educate the public about occupational therapy, subject to travel restrictions and available funding.
- 4.2 Active collaboration with other health care professionals (i.e. physical therapists, speech-language pathologists and audiologists, nurses, physicians, social workers and other mental-health practitioners, etc.) to ensure that those professions and the public are informed about occupational therapy, and that the occupational therapy regulations and enforcement procedures are applicable, adequate and relevant.
- 4.3 Active collaboration with the Department of Health Care Services, the Department of Public Health, the Department of Mental Health, the Department of Aging, the Department of Social Services, the Department of Education, the Department of Veteran’s Affairs, the Department of Corrections and Rehabilitation, the legislative bodies and other governmental entities, and ensure they are adequately informed about occupational therapy and that their respective laws and regulations are updated appropriately.